

# THIS IS HOW WE DO IT



SPORTS  
DOCTORS  
NETWORK



Sports Doctors Network invites you to

## INTERNATIONAL SUMMIT ON SPORTS AND MEDICINE **17 SEPTEMBER, 2025**



**Start at 9 AM | Stadio Olimpico, Rome, Italy**

Kindly RSVP by 12 September  
[rome@sportsdoctorsnetwork.com](mailto:rome@sportsdoctorsnetwork.com)

[sportsdoctorsnetwork.com](https://sportsdoctorsnetwork.com)  
+39 339 239 5966

# AGENDA

DATE: SEPTEMBER 17, 2025

LOCATION: STADIO OLIMPICO, ROME



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TIME	SESSION	SPEAKERS / ORGANIZATION
9:00 AM	PRIVATELY GUIDED TOUR AT STADIO OLIMPICO	
9:50 AM	WELCOME & OPENING & MEDIA	<b>Dr. Niko Mihic</b> , President SDN Minister of Sport, Italy <b>Gabriele Gravina</b> , President FIGC <b>Alessandro Onorato</b> , Councillor <b>Maria Spena</b> , Board of Sport and Salute <b>Laura Cartaginese</b> , Lazio Region <b>Micol Grasselli</b> , Lazio Region
10:15 AM	BRIDGING THE GAP FROM ELITE ATHLETES TO GENERAL POPULATION	<b>Dr. Niko Mihic</b> President, Sports Doctors Network, Medical Advisor, Real Madrid 
10:45 AM	THE MONEY BEHIND THE GAME	<b>Giovanni Pinelli</b> (Green Arrow Capital), (Intesa Sanpaolo) <b>Gianfilippo Valentini</b> (SFS)
11:15 AM	MENTAL HEALTH IN WOMEN'S FOOTBALL	<b>Dr. Veronica Petrucci</b> , AS Roma INTERVIEW WITH OUR SPECIAL GUEST, ROLAND GARROS CHAMPION <b>MRS. IVA MAJOLI</b> 
11:45 PM	BEYOND PAIN: THE POWER OF SPORT AND INTEGRATED MEDICINE	<b>Dr. Massimo Romano &amp;</b> <b>Prof. Ezio Adriani</b> (Villa Claudia), <b>Prof. Fiorenzo De Cicco</b> (Gemelli), <b>Dr. Nicola Guida</b> (Pharmaguida), <b>Riccardo Torquati</b> (FIFS)
12:15 AM	SLEEP AND RECOVERY: INSIGHTS FROM ELITE ATHLETES	<b>Dr. Florent Aziri</b> University of Zurich 
12:45 PM	PLAYER FIRST: HEALTH STRATEGIES IN NATIONAL TEAM FOOTBALL	<b>Dr. Tomislav Vlahović</b> Croatian National Football Association <b>Dr. Alessandro Carcangiu &amp; Dr. Luca Gatteschi</b> (Italian Female National Team)  

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TIME	SESSION	SPEAKERS / ORGANIZATION
13:10 PM	LUNCH BREAK	
14:00 PM	FROM PREVENTION TO RECOVERY: A PERSONALIZED NUTRITIONAL APPROACH	Dr. Lucía Costafreda Real Madrid 
14:20 PM	INNOVATION IN SPORTS MEDICINE	Dr. Rosa Ferro (La Molisana) Mariangela Cardinale (Art'otel) Daniele Laureti (GE.SI.S)
14:50 PM	DUAL CAREER OF ATHLETES. IT'S POSSIBLE!	Paolo del Bene (Luiss University), Maurizio Pimpinella (Fondazione Italia Digital), Renato Mariotti & Dr. Salvatore Cristiani (Fairplay)
15:20 PM	STEM CELL & THERAPEUTIC INTERVENTIONS IN ELITE SPORT	Dr. David Porter Chelsea FC 
15:50 PM	FROM PLAYGROUND TO PRO: HOLISTIC PAEDIATRIC CARE IN YOUTH	Dr. Lorena Soler Casale Gibraltar Women's & Youth National 
16:20 PM	PROFESSIONAL FOOTBALL & MEDICINE: OBSTACLES, CHALLENGES & FUTURE GOALS	Dr. Cinzia Zehnder FC Bayern Munich 
16:50 PM	Q&A, CLOSING REMARKS & NETWORKING SESSION	All Speakers & SDN Team



# Sports Doctors Network

Player First!

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## RSVP & CONTACT

Please confirm your attendance by 9 September via email:  
[rome@sportsdoctorsnetwork.com](mailto:rome@sportsdoctorsnetwork.com)

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